



AquaSpaWellness

AQUALUX

THE SKIN CARE ATELIER

NATURA BISSÉ

THE CURE THERAPY 75 min | 100 €

The perfect facial cleaning performed in an innovative way. A deep treatment of skin cleaning with an enzymatic detoxification which helps opening the pores and supports the meticulous extraction process.

GENTLEMEN'S FACIAL 50 min | 90 €

A treatment created specifically for men's skin. An exclusive combination of highly effective products that will leave your skin clean, fresh and revitalized.

THE SKIN COMFORT 50 min | 85 €

Repairing treatment created to strengthen the skin, soothe redness and irritation of the most sensitive skin.

THE O₂ RELAX 50 min | 95 €

A treatment that gives new energy to your cells. Thanks to the revitalizing power of oxygen this treatment lights up the most extinguished skins giving you a natural glow and a perfect hydrated skin.

THE CITRUS ESSENCE 50 min | 105 €

Powerful antioxidant treatment that restores sun damaged skin and helps reverse the signs of premature aging. Vitamin C stimulates collagen production and renews skins firmness.

THE 3D COLLAGEN SHOCK 50 min | 105 €

His regenerating power effects on the deepest layers of your skin slowing down the ageing process. It restores the elasticity giving to the colouring a lighting and compact aspect.

DIAMOND WHITENING SYSTEM 50 min | 130 €

The best treatment to fight against hyper-pigmentation. Recommended for spots caused by sun or age and for excessive localized production of melanin. Extreme relaxation and maximum results in one treatment.

THE MOTHER TO BE 50 min | 100 €

A relaxing experience that nourishes and softens your skin during these months when it needs extra care. (from the fourth month)

FACIAL COLLECTION BY PHYTOMER

PERFECT VISAGE 40 min | 50 €

Basic facial cleaning. A careful cleansing, exfoliation and detoxification which helps you to remove impurities from your skin.

PROGETTO JEUNESSE 50 min | 80 €

Anti-age toning and correction of wrinkles treatment. Three important moments to renew your skin, stretch your wrinkles and restore your face. With only one treatment wrinkles are less visible, the skin is more compact and the colourful brighter.

FLEUR'S RITUALS

Let yourself cuddling by rituals signed Fleur's. A Florarium of 30 unique floral active ingredients create a lively and attractive collection: refined olfactory scents, melting textures and contrasting colours. Each product awakens the senses. Each ritual is an original and sensorial experience.

GOLDEN SPA

Face and Body Beauty Ritual 70 min | 80 €

This gilded beauty treatment offers a dazzling experience, rejuvenating the skin while relaxing the body. The exceptional regenerating power of 24K Gold is combined with two anti-aging flowers to enhance the face and body.

VOILE DE SULTANE

Sultan's Veil 60 min | 75 €

Blissful escape to the land of the Arabian Nights. This beautifying treatment, rich in sensorially, offers the skin the wonderful softness of a Sultana skin. The Rhassoul mixes with the enveloping scent of jasmine and white flowers.

PASSION FLOWER

Peaceful Body Beauty Treatment 50 min | 70 €

50 minutes to Nirvana. Thanks to delightful integral massage, the mind and body achieve maximum relaxation. A complete relaxation experience, during which tensions melt.

BODY PERFECTORS BY PHYTOMER

based on the most powerful ultra-effective marine active ingredients.

GOMMAGE BODY TONIC 40 min | 55 €

A salt crystal exfoliation combined with a relaxing massage for an express beauty treatment that leaves the skin hydrated, soft, silky and luminous.

COCOON ELIMINATION 60 min | 80 €

Ultra-performing detoxifying marine winding is able to eliminate toxins and drain the body tissues.

SCULPT ZONE 60 min | 85 €

Abdomen-Thigh-Buttocks impact treatment with a localized attack to eliminate the roundness and imperfections of cellulite in record time.

P5 SNELLENTÉ 60 min | 80 €

Indicated to improve the tone and elasticity of tissues, reduces stretch marks. Excellent after a pregnancy or a slimming treatment.

OLIGOMER SILHOUETTE 65 min | 80 €

Marine mask reshaping. This treatment exerts a slimming, firming and smoothing action on the whole body.

GAMBE LIGHT 40 min | 55 €

A targeted treatment to restore comfort and relax tired legs. An intense relaxation combined with a visible embellishment of the legs.

THALASSO-THERAPY TREATMENTS BY PHYTOMER

OLIGOMER SILHOUETTE 65 min | 66 €

Balneo refining, remodeling. In a bath reach of exclusive marine active ingredients that work in synergy on the Silhouette.

OLIGOMER PURE BAIN

REMISE EN FORME 60 min | 68 €

Remineralizing, energizing water treatment. The art of modern thalassotherapy in a jets bath rich in marine active ingredients followed by a complete body shaping massage.

ALPIENNE COLLECTION

ALPIENNE SPORT & RELAX 60 min | 85 €

The combination of the bandage, which acts on muscle pain, and the manual skill of the sports massage is an energy cocktail for those who love sports.

ACTIVE TREATMENT 80 min | 90 €

While the mud and arnica dissolve contractures, the skilled hands of the operator reactivate the body and revive the spirit

DETOX TREATMENT 50 min | 78 €

The zeolite rock, particularly suitable for detoxification, is the basis of the treatment. Ingredients such as grapefruit, honey, coriander and black pepper with the help of manual massage activate a powerful detoxifying action.

DETOX PROGRAM 100 min | 95 €

A true wellness experience for body and face.

ADDS ON ENHANCEMENT

To be added in pose during the chosen treatment.

PEELING ADDITION 15 min | 30 €

Facial exfoliation that gives visible results from the first treatment.

EYES MASK 15 min | 25€

A refreshing mask that will give you a youthful appearance. It soothes and calms this delicate area thanks to his active ingredients.

NUFACE 15 min € 20

This innovative mask gives the skin more hydration and brightness.

TENSION RELIEF 15 min | 20 €

Perfect for relaxing the muscles of specific areas of choice such as neck, shoulders, hands or feet.

BODY EXFOLIATION 20 min € 28

Fast exfoliating treatment for a silky, soft and nourished skin.

HYDROMASSAGE 20 min | 35 €

Personalized water treatment at 360°

CALLUS PEELING 20 min | 25 €

BODY MESSAGES

AQUOLEUX MASSAGE 90 min | € 100

Massage performed with thermal products of the Aquoleux line, accompanied by thermal water and olive water. This reinforces the result of a traditional massage because, in addition to the effectiveness of the technique, a protective action at the level of the tissues is also transmitted to the body to counteract the "oxidative stress", the first cause of skin aging.

AQUASPA MASSAGE 50 min | € 72

It is the classic massage... Classical, western, decontracting, with warm oil, stimulate the circulation and act on the main muscle chains to relax them. Designed to customize your wellness experience.

ALPIENNE VITAL

VITAL MASSAGE 50 min | € 80

Deeply relaxing and revitalizing massage thanks to the rhythmic movement of the stone pine sticks. The feeling of lightness and relaxation will invade the whole body.

LOMI-LOMI MASSAGE 60 min | € 80

Massage of the ancient Hawaiian tradition, performed through movements defined Hula, long manipulations, almost touches, that alternate rhythm and intensity like a dance.

SPORTS MASSAGE 50 min | € 75

Specific massage after sports or for athletes who do frequent physical activities.

CANDLE MASSAGE 50 min | € 75

The sweet warmth of organic shea butter, which melts on the skin in a wrapping massage, nourishes and makes the sensation of relaxation unrepeatable. Specific maneuvers relax muscle tension from head to toes.

AROMA MASSAGE 50 min | € 72

Personalized sensory journey for total relaxation. In a cloud of personalized essence, expert hands stimulate the energy centers to eliminate tensions. This complete massage for wellness, recharges the energy body.

CALIFORNIAN 50 min | € 75

Relaxing and soothing massage that, thanks to the gentle, fluid and light movements, frees the mind from the thoughts and gives psychophysical wellness. Dedicated to people that are looking for a moment of true relaxation and that want to receive an enveloping and delicate massage.

LYMPHATIC DRAINAGE 55 min | € 70

Specific massage that stimulates and activates the lymphatic circulation. Reduces the sense of swelling and water retention, leaving a pleasant feeling of lightness.

SPECIAL FOR BACK 40 min | € 60

Specific for the area that mainly accumulates stress and fatigue. Decontracting back massage associated with a hot detoxifying mud.

PARTIAL MASSAGE 25 min | € 38

To enjoy a small and intense wellness break focusing on a specific body part of your choice.

RELAXATION

FOR THE LITTLE SMALL 20 min | € 30

A short and pleasant massage for children, very relaxing, with benefits on the circulation and on small muscular tensions.

THE FACE EMBRACES THE BODY

ROYAL AQUASPA RITUAL 110 min | 199 €

A fantastic sensory experience that will deliver you on a unique journey dedicated to yourself and to take care of your psychophysical well-being. The first step is a full body exfoliation with lemon scrub perfumes of Garda, which regenerates the the skin and nourishes it in the whirlpool with chromotherapy. Then the massage, with warm oil with warm citrus notes, revitalizes the body. Now your face is ready to receive an exceptional treatment for a timeless journey. Enjoy every minute!

AND FINNALLY...

SPA MANICURE 50 min | 40 €

SPA PEDICURE 50 min | 50 €

PEDICURE CALLUS PEELING 50 min | 50 €

Amazing results immediately without the use of blades or drills, calluspeeling® completely removes cracked hard and calloused skin simply and rapidly. Healthy and beautiful feet after just 15 minutes!

SPA RITUAL PEDICURE 80 min | 55 €

SHELLAC TREATMENT 50 min | 40 €

SHELLAC REMOVAL 15 min | 15 €

NAIL POLISH APPLICATION 20-30 min | 15 €

EPIILATION

LEGS - WHOLE 50 min | 48 €

LEGS - PARTIAL 30 min | 28 €

ARMS 20 min | 20 €

GROIN 20 min | 15 - 20€

ARMPITS 15 min | 15 €

COMPLETE EPIILATION 50 min | 60 €

(leg, bikini, armpit)

SMILE 10 min | 10 €

EYEBROWS 15-20 min | 10 €

MAN, BACK OR CHEST 40 min | 40 €

AND TO GET SOME TAN, OUR ERGOLINE SUNBED

SOLARIUM session 8 min | 12 €

12 min | 14 €

15 min | 16 €

Additional minutes 1 min | 1,50 €

EXPERIENCES FOR THE COUPLE

A private oasis where you can enjoy wellness programs to share together, to savor the pleasure of treatments in absolute relaxation and live an unforgettable experience. In the Private Spas it is also possible to create personalized couple routes (for personalization please contact the SPA Reception).

AQUASPA DREAM 110 min | € 190

This magical moment with your partner will begin with a personalized massage according to your needs, in order to best satisfy your wellness experience. A romantic and relaxing couple's path accompanied by a regenerating sauna, a delicious plate of fresh fruit and two glasses of Prosecco.

FLORAL EXPERIENCE 110 min | € 210

Sublime sensory and olfactory experience... This treatment begins with a shower of flowers that gently exfoliate the skin, preparing it for a sweet and enveloping massage. To make this journey even more enjoyable, the final relaxation is accompanied by two glasses of Prosecco, fresh fruit and the warmth of the private sauna.

EXCLUSIVE USE PRIVATE SPA 60 min | € 85

Couple sauna at 75° and relaxation beds. Corner of fresh fruit with two glasses of Prosecco ad water.

SPA ETIQUETTE

Welcome to **AquaSpaWellness**, we are at your disposal daily from 9 am to 7 pm.

SPA BOOKINGS AND APPOINTMENTS: we recommend to book your treatments in advance, when booking your hotel room, to be able to choose your preferred day and time. All treatments are subject to availability. If you're not staying at our Hotel, we will ask you for your credit card details to guarantee the booked treatment, together with a contact name and number for the confirmation.

CANCELLATION: if you need to cancel your booking, please inform the SPA reception within 6 hours of the scheduled appointment. Failing the cancellation, the whole treatment amount will be charged.

OBSERVANCE OF THE APPOINTMENT TIME: we recommend to get to the SPA 10 minutes prior to your scheduled appointment, to relax and start the treatment at the agreed time. While waiting to receive your treatment, you will be asked to fill out a medical questionnaire, which will help us provide you with a better service. If you arrive late, the treatment will end at the foreseen time, in order not to damage the next guest. However, in all cases, the whole amount for the treatment or massage will be charged.

RECOMMENDATIONS: before booking any body treatment or facial, we recommend to seek your doctor's advice in case of health issues or pregnancy (we recommend having treatments only after the third month).

PRIVACY AND RELAX: to guarantee all guests enjoy a peaceful atmosphere, we kindly ask you to lower your voice and switch off or mute your mobile phone.

YOUR SPA EXPERIENCE: during treatments, our operators will make sure to provide for your privacy. Please tell them about any preference, doubts or expectations, and flag any discomfort (hand pressure, music volume, room temperature) before, during and after the treatment.

SPA MOMENTS AT HOME: to extend your SPA experience while at home, as well as keeping up the benefits received through self-healing, you can purchase NATURA BISSÉ and PHYTOMER products.

COMMENTS AND SUGGESTIONS: your comments and suggestions can help us maintain and constantly improve our services. The AquaSPA&Wellness Team look forward to welcoming you.

AQUALUX

Hotel Spa
Suite&Terme
Bardolino

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